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	Level of evidence (EFNS) (32)	Level of evidence (AAN) (29)	Dose per day (range)	Monitoring	Common side effects
Verapamil	A	C	240-960 mg	ECG monitoring for cardiac arrhythmias	Hypotension, constipation, peripheral oedema
Lithium	B	C	600-1200 mg	Lithium levels, renal function, thyroid function	Diarrhoea, tremor, polyuria
Topiramate	B	Not rated	50-200 mg		Paraesthesias, weight loss, cognitive dysfunction, fatigue, dizziness, taste alteration
Methysergide	B	Not rated	1-12 mg	Annual visceral fibrosis screening: Echocardiogram, Chest X-ray Abdominal and pelvis MRI scan Relevant blood tests	Nausea/vomiting Muscle cramps, Abdominal pain, Peripheral oedema, Retroperitoneal fibrosis (rare)
Gabapentin	Not rated	Not rated	800-3600 mg		Somnolence, fatigue, dizziness, weight gain, peripheral oedema, ataxia
Melatonin	C	C	10 mg		Fatigue, sedation
Sodium valproate	C	B	500-2000 mg	Full blood count, liver function	Weight gain, fatigue, tremor, hair loss, nausea

ECG = Electrocardiogram; MRI = Magnetic resonance imaging